



# PRO TRAINING LEADING TO A DANCER & PERFORMER IN STREET DANCE QUALIFICATION TRAINING PROGRAM

## JUSTE DEBOUT SCHOOL : A PRESENTATION

Juste Debout School is the only place in France entirely dedicated to both professional and amateur practices in Street dance. The school will affirm its willingness to contribute its own support to the building of a Street dancer and performer qualification. Juste Debout School's Manager, Bruce YKANJI, is also Artistic Director and founder of the international meeting of streetdances Juste Debout (which gathers more than 4000 dancers selected after an international three-months tour).

Street dance is in essence a subject for self-taught dancers, and became one of the first cultural practices in France, one of the most popular styles for theater programmers. This practice should evolve and professionalize to continue to live on the French and international cultural scene.

Indeed the issue of the transmission of knowledge has become a major issue for the future of all the cultural practices. Transmission is constantly creating passions, triggering vocations, encouraging the hatching of new talents. In order to reply to the question of the professionalization, the Juste Debout School has been created to offer a pro training leading to a Street dancer and performer dancer qualification and became one of the major actors in transmission as well as a professional and amateur point of view.

With the vitality of the Juste Debout School is perpetuated the will for always advance this culture with large-scale and highest-quality projects. In the space of 13 years, the Juste Debout School has become the reference school in France concerning this pro training leading to a Street dancer and performer qualification. Special features of Street dance in France comes not only from the excellent technique of its practitioners but from the creativity of French dance companies which have been able to develop a real identity and their own choreographic writing as a result of their experience on stage.

Juste Debout School represents Street dance in all its diversity, vitality and creativity. Each year around 70 students from different nationalities (Italy, Costa Rica, Austria, Ukraine, Malaysia, Finland, Japan, Croatia, Cyprus, Greece, Portugal, Canada, Germany, Colombia, South Africa, China, Spain, Poland, India...) attend our 3-years pro training. There are classes each day from 10am to 5pm, during 9 months - from October to June -, with practical and theoretical classes : the schedule includes classes in different Street dance styles (House, Popping, Hip hop, Locking) and compulsory modules (Bboying, Classical, Modern Jazz, African dance, Tap dance... and theoretical classes in

**Juste Debout School, 3 rue de l'Est 75020 Paris**

Declaration of activity registered under number **11 75 52231 75** with the prefect of Ile-de-France



The quality certification was issued for the following category of actions: training actions

history of music and dance, anatomy...). All classes are scored based on a scale of one to 5 and at the end of each trimester students are evaluated and rated based on a scale of one to 20, there are class councils and they receive a report card.



## PRO TRAINING : PRESENTATION

### THE OBJECTIVES OF THE PRO TRAINING

- **Street Dance performances**
  - Improvement of the dancer's technique towards a professional level and extension of its technical repertoire through an introduction to other dances (Bboying, classical, african dance, tap dance, modern jazz, jazz rock, movement analysis...)
  - Identification of dance movement to allow students to build their own movement and to develop their creativity
  - Preparation for Battle
  - Discovery of choreographic work thanks to the meeting of choreographers with a singular universe
- **Conception of cultural projects around Street Dance**
  - Lexical and terminological knowledge of Street dances
  - Historic knowledge of the arts of hip hop culture
- **Promotion of your activity of Dancer & Performer in Street Dance**
  - Support for employability (contacts between professionals and dancers, achievement of press book, video book, learning how to communicate on social networks...)
- **Management of the activity of Dancer & Performer in Street Dance**
  - Acquisition of legal knowledge and legal framework of the professional Street dancer and performer
- **Design, animation and evaluation of Street Dance courses**

### THE METHODS USED

#### 1 - INTEGRATING THE CHARACTERISTICS OF STREET DANCE

a) The dance styles practiced:

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- Each dance style is taught by the teachers with a historical component in order to immerse the student in the atmosphere and the geopolitical, social and cultural situation in which these dances were born. It is important that the students know the background before they begin to work on the form.

- The teachers give the students a lot of information related to the music used.

- Anatomical follow-up and explanation of the different gestures.

- Practice and rehearsals.

b) The circle / freestyle / battle :

- Practice on the field, the student must launch himself. In group and in circle position.

- Analysis of the movements, the rhythmic, the character, the creativity, the management of the space, the knowledge on the practiced style.

- After each performance, an oral appreciation is given by the teacher.

- Battles between students are organized every month in order to familiarize the students with the battle and so that they can manage the pressure of the danced improvisation. Other methods are revealed in due course.

## 2 - MAKING AND PERFORMING A CHOREOGRAPHY, DESIGNING A CHOREOGRAPHIC PROJECT

- The teachers/choreographers study the note of intention and inspiration in order to put the student in a situation.

# THE TRAINING PROGRAM

## 1<sup>st</sup> YEAR : DANCER TRAINING

The first year is focused on mastering basic techniques of all disciplines in Street dances, and on their lexical and terminological knowledge.

➤ Common core (480 hours of technical courses including 120 hours in each style) :

- Locking
- Popping
- Hip Hop
- House dance

➤ Modules (250 hours of courses in total among) :

- Bboying (60 hours)
- Classical dance
- Modern Jazz
- African dance
- Tap dance
- Introduction to performance
- History of music and dance
- Anatomy
- Nutrition
- Additional courses : Yoga, muscular strengthening, Voguing...

## 2<sup>nd</sup> YEAR : PERFORMER TRAINING

The second year is focused on the improvement and the development of technical skills. Personal development and work methodology in the choreographic process.

➤ Common core (480 hours of technical courses including 120 hours in each style) :

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- Locking
- Popping
- Hip Hop
- House dance

➤ Modules (250 hours of courses in total among) :

- Bboying (60 hours)
- Classical dance
- Modern Jazz
- African dance
- Tap dance
- Performance
- History of music and dance
- Anatomy
- Nutrition
- Additional courses : Yoga, muscular strengthening, Voguing...

### 3<sup>rd</sup> YEAR : PROFESSIONALIZATION

The third year is focused on professional preparation of the stage and setting of the context situation.

➤ Technical courses (84 hours), specialization in 2 styles from among the following :

- Locking
- Popping
- Bboying
- Hip Hop
- House dance

➤ Modules (116 hours) :

- performance : gestural theater, modes of composition, choreographic process, casting
- Additional courses : Yoga, muscular strengthening, legal status of the professional dancer, pedagogical approach
- Internship in Company (personal research, 3 months)
- Achievement of a graduation project : period of creation with a choreographer and performance(s) (workshops, creation, rehearsals spread over the 1<sup>st</sup> and 3<sup>rd</sup> trimester)

## THE PREREQUISITES OF THE TRAINING

To enter the professional training of the Juste Debout School, there are no academic prerequisites but you must pass a dance audition. On the occasion of the annual back-to-school in October, the auditions for the professional training of Dancer and Performer in Street dance at the Juste Debout School take place 2 Saturdays per month from February to July. They take place at the Juste Debout School, 3 rue de l'Est 75020 Paris. To register, you have to fill in and send the registration form as well as a CV and a letter of motivation, and choose a date for the audition. An invitation to the audition is then sent to the candidate to confirm his/her registration for the chosen audition. The result of the audition is communicated to the candidate within three working days.

An audition consists of a class, it is free and unrestricted (there is no music to bring or choreography to prepare), the trainers evaluate the level (sense of rhythm, listening to music...) and the motivation (to dance every day, to be punctual...). As for the level required to participate in the auditions, it is necessary to dance regularly, every week during the year preceding the audition. The training is

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intended for amateur dancers with an intermediate level who wish to work in the professional field of dance at the end of the training. The training is accessible to handicapped persons if their disability does not prevent them from practicing dance at a high level.

## STAFF LISTING FOR EACH SUBJECT

TEACHER	SUBJECT
Bruce YKANJI	POPPING / HIP HOP
Didier FIRMIN	HOUSE / HIP HOP / INTERPRÉTATION DANSÉE
Sophie MAY	HIP HOP
LUMISOW	HIP HOP
Cintia GOLOTIN	POPPING
Walid BOUMHANI	POPPING
NESS	POPPING
Eric BRAFLAN	HOUSE
Rabah MAHFOUFI	HOUSE
Jérémie POLIN	HOUSE
Kota IDE	LOCKING
Jimmy ISMAEL	LOCKING
Loïc RIOU	LOCKING
Adilson HORTA DE SOUSA	B.BOYING
François KALEKA	B.BOYING
YANOU	VOGUING
Léo ARROW	KRUMP
Régis TRUCHY	THÉÂTRE GESTUEL
Maud BUQUET	EXPRESSION SCÉNIQUE
Madeleine FEUILLETTE	ANATOMIE
Estelle PEYEN	DIÉTÉTIQUE
Jean-Philippe MANO	HISTOIRE DE LA MUSIQUE ET DE LA DANSE
Merlin NYAKAM	DANSE AFRICAINE
Hélène BESNARD	DANSE CLASSIQUE
Roxane SEMADENI	TAP DANCE
Bastien NOZERAN	MODERN JAZZ / APPROCHE PÉDAGOGIQUE
Goundo DOUCOURE	RENFORCEMENT MUSCULAIRE
Magali DUCLOS	YOGA
Robert MODESTINE	JAZZ ROCK

## EDUCATIONAL MEANS

- Internationally recognized teaching staff
- Organisation of artistic events
- School buildings of 450m<sup>2</sup> : located in the 20th arrondissement of Paris, in the very center of Gambetta quarter, near the Town hall and Pyrénées street, this building is ideally situated less than 10 minutes' walk away from the stations Gambetta and Jourdain.

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- Three dance studios
- Systematic evaluation for each course
- Individualized follow-up
- Osteopath linked to the school and on-the-spot consultation (additional fee)
- French lessons for non-Francophone students (additional fee)



## WORK SCHEDULES

The training takes place over 3 consecutive years, each schoolyear starts in October and finishes in June (classes take place during the day, from Monday to Friday, each course is 2 hours long, from 9am to 11am and from 12 to 4pm, over 30 weeks).

Hourly amount is composed as follows :

- ✓ First year : 730 hours + 120 hours free training / creation
- ✓ Second year : 730 hours + 120 hours free training / creation
- ✓ Third year : 500 hours (courses + period of creation) + free training / creation

To obtain the diploma of Professional Street dancer and performer, it is necessary to successfully complete the entire 3 years (common core + modules).

In year 1 and 2, it is possible to follow partially the common core and the modules :

- Locking, Popping, Hip Hop, House dance :

The price for 1 discipline is : 600€ per trimester, 1 800€ for the year

The price for 2 disciplines is : 1 000€ per trimester, 3 000€ for the year

The price for 3 disciplines is : 1 300€ per trimester, 3 900€ for the year

The price for 4 disciplines is : 1 500€ per trimester, 4 500€ for the year

- Other modules:

The price for the Bboying module is : 300€ per trimester, 900€ for the year

For the other modules, the price is 30€ per course that cannot be separated from a term (for example, if there are 6 African dance courses in a trimester, the price of the African dance module is 180€ ; if there are 8 History of Music and Dance courses in a trimester, the price of the History of Music and Dance module is 240€).

## METHODS OF VOCATIONAL EVALUATION

All classes are scored based on a scale of one to 5 and at the end of each trimester students are evaluated and rated based on a scale of one to 20, there are class councils and they receive a report card.

Passing grades depends on exam success during the schoolyear and at the end of each term.

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## **MEANS TO PROMOTE ENGAGEMENT AND REDUCE THE RISK OF DISRUPTION**

Teachers from the school accompany the trainees in the preparation of choreographic competitions (H QUALITY, L'Oréal Urban Shakers, Prestige Dance Awards...) or shows for specific events (Paris Montparnasse Top of the City, Festival « Alliance des corps » du Palais de Tokyo, Centre commercial Les Arcades 93, émission de télévision Le Grand Echiquier, 1<sup>st</sup> part of a concert of Kery James, TRACE Urban Week, JobTeaser...). Group outings (to dance performances, dance-related exhibitions - La Villette, Centre Pompidou - and an integration trip abroad are organized each year (supplement).

## **CONTACT INFORMATION FOR THE RELATION WITH STUDENTS**

Artistic Director : Bruce SONE, [bruce@juste-debout.com](mailto:bruce@juste-debout.com)  
Coordinator : Nicolas SAPIEN, [nicolas@juste-debout.com](mailto:nicolas@juste-debout.com)

## **CERTIFICATE OF COMPLETION OF TRAINING**

At the end of the pro training it is required that every student receives a certificate of completion of training. This certificate indicates the purposes of the training activity, the nature, the duration of the pro training and the results of the evaluation of the acquired skills.

## **OTHER INFORMATION**

Presentation of graduates (students who have successfully completed the 3-year training program):

[www.instagram.com/justedebout\\_family](https://www.instagram.com/justedebout_family)

Website : [www.juste-debout-school.com](http://www.juste-debout-school.com) – email : [jds@juste-debout.com](mailto:jds@juste-debout.com)

Social networks :

Facebook : [www.facebook.com/jdsparis/](https://www.facebook.com/jdsparis/)

Instagram : [www.instagram.com/jdschool/](https://www.instagram.com/jdschool/)

LinkedIn : [fr.linkedin.com/company/juste-debout-school-paris](https://fr.linkedin.com/company/juste-debout-school-paris)

Youtube : [www.youtube.com/channel/UCgOlaLKQv9KdGENC7IBg\\_NA](https://www.youtube.com/channel/UCgOlaLKQv9KdGENC7IBg_NA)

Twitter : [twitter.com/jd\\_school?lang=fr](https://twitter.com/jd_school?lang=fr)

Tik Tok : [@justedeboutschool](https://www.tiktok.com/@justedeboutschool)

### **GB SCHOOL**

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Declaration of activity registered with the Prefect of the Ile-de-France Region  
under the number **11 75 52231 75**

[www.juste-debout-school.com](http://www.juste-debout-school.com) – email : [jds@juste-debout.com](mailto:jds@juste-debout.com)

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